



Message from the Chair

As I write this letter Gov. James Risch is completing a short, but very active term as Idaho's Governor. Gov. Risch made it a priority during his term to examine the operations and staff of each of the statutorily created boards and commissions that serve children and families in the state. This process was performed by the Executive Office for Families and Children under the direction of Director Barbara Strickfaden.

As part of this process I was interviewed by Gov. Risch in his office. He questioned me in detail about the mission and goals of the Children's Trust Fund and I did my best to answer him honestly and accurately. The Governor told me at that interview that he is very happy with the performance and operational methods of the Trust Fund and its staff of two. I have since learned that our little agency is highly respected by the Governor's staff and we are considered a model for other agencies to copy. That is very much due to the efforts of Executive Director Nancy Hausner and Grants Manager Margaret Hower.

In order to better serve our clients and funded projects Nancy has recently brought Jeanne Koeberlein on board to provide clerical and administrative support for the organization. We think this will greatly enhance our ability to provide services to keep the children of Idaho safe from abuse and neglect.

This year we also welcomed Robin Sanchez of Nampa and Marilyn Giddings of Riggins to our Board of Directors. These two women bring many years of expertise in children's issues to the Board and their input has already been invaluable.

As always, we continue to appreciate the many contributions we receive from Idahoans. Your tax-deductible donation stays in Idaho to build strong families and keep children safe. Please remember to use your Idaho state tax return form to "check-off" a donation to the Idaho Children's Trust Fund,

R. Monte MacConnell

Chair

Protecting Idaho's Children by Strengthening Families through Early Care & Education

Idaho Children's Trust Fund and Idaho Association for the Education of Young Children (Idaho AEYC) are partnering to initiate a "reframing" of how early care and education can bring the "intentionality" of protecting children by strengthening families to their child care programs. This partnership brings the best of both worlds together to reach the goals for the project; Idaho Children's Trust Fund with their focus on the prevention of child abuse and neglect, and Idaho AEYC's focus on increasing professional development for the early care and education community. Together this focus will improve the lives of all children in Idaho.

Since 2002, the Center for the Study of Social Policy, (CSSP) with funding from the Doris Duke Charitable Foundation, has been studying the role of early care and education (ECE) programs in child abuse and neglect prevention. The resulting Strengthening Families approach seeks to create a child abuse and neglect prevention framework that can help program developers, policy makers and advocates embed effective prevention strategies into existing systems. (More information is available on the Center's website at www.cssp.org).

Strengthening Families offers a widespread understanding of what ECE programs and providers can do—and in some cases already do—to promote healthy child development and reduce the incidence of child abuse and neglect. Research shows that early childhood programs in particular can serve as an "early warning system" to immediately and effectively address risky family situations and that strong early childhood programs can be enhanced to incorporate child abuse prevention strategies along with their traditional role of promoting healthy child development (CSSP, 2004).

Through an extensive literature review, surveys, focus groups and site visits to 21 exemplary ECE programs across the country, a framework of protective factors was developed and corroborated by CSSP. The protective factors are:

- Parental resilience
- Social connections (to reduce parental isolation)
- Knowledge of parenting and child development
- Concrete support in times of need
- Healthy social and emotional development of children

Early care and education programs are uniquely positioned to integrate the protective factors framework into their everyday interactions with parents and children. ECE programs represent the only systematic way to reach a large number of very young children, and the daily contact they have with parents provides an opportunity to develop strong relationships over time.

The ICTF received a \$50,000, two-year grant from the National Alliance of Children's Trust & Prevention Funds to implement the Strengthening Families approach in Idaho in partnership with Idaho AEYC. The major activity for the project is IdahoSTARS "Reaching the STARS Continuous Quality Improvement System." There will be a Train-the-Trainer workshop together with the development of a quality rating assessment tool that will set the stage for quality child care in Idaho with a major focus on Strengthening Families. At the end of the two year project the Strengthening Families approach will be operationalized and readily available to early care and learning settings throughout the state with the "Reaching the STARS" program.

History

The Idaho Children's Trust Fund was established by an act of the state legislature in 1985 to promote child and family well-being in the state of Idaho. The legislature declared that there is a need to assist private and public agencies in identifying and establishing community-based educational and service programs for the prevention of child abuse and

neglect. The Trust Fund makes grants, and provides training and technical assistance to programs throughout the state that work directly with children and their families. While located within state government, the Children's Trust Fund is a unique public-private partnership, receiving no state general funds.

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Idaho Children's Trust Fund 2006 Board Members

Region 1

James Herrmann

Retired

Sagle

Region 2

Marilyn Giddings

Retired Educator

Riggins

Region 3

Robin Sanchez

Casey Family Programs

Nampa

Region 4

R. Monte MacConnell, Board Chair

Retired

Oasis

Region 5

Mary Marshall

South Central Head Start

Twin Falls

Region 6

Lvnn Miner

Bright Tomorrows

Pocatello

Region 7

Janet Goodliffe

Madison School District

Rexburg

Attorney General's Office

Bill von Tagen

Intergovernmental and Fiscal Division

Department of Education

Russell Hammond

Bureau of Special Education

Department of Health and Welfare

Mickey Harmer

Family and Community Services

Administration

Nancy Hausner, Executive Director Margaret Hower, Grants Manager (Continued from previous page)

Mission

The Idaho Children's Trust Fund supports efforts within the state that are designed to prevent the occurrence of child abuse and neglect.

Vision

Our vision is that all the children of Idaho are valued and develop in a safe and nurturing environment.

Governance

An independent board, created by state statute and appointed by the Governor, oversees fundraising, expenditures, and operations. The Trust Fund board includes governor-appointed members from the seven regions of the state, as well as three members appointed by the Idaho Attorney General, Superintendent of Public Instruction and the Director of the Department of Health and Welfare. Board members are citizen volunteers who are appointed because of their expertise in child and family issues. Staff members include an Executive Director and Grants Manager. Private citizens from throughout Idaho who sit on the board, or on a panel, steer the Trust Fund's course and award prevention grants for local community programs.

The National Alliance

The Idaho Children's Trust Fund was initially formed as part of a national movement to establish such funds in all 50 states. Many state funds, including Idaho's, are now part of a National Alliance of Children's Trust and Prevention Funds. The National Alliance promotes a system of services, laws, practices, and attitudes that supports families by enabling them to provide their children with a safe, healthy, and nurtured childhood. Its long-term plans and activities include advocating for increased public and private funding for community-based child abuse and neglect prevention activities, supporting and strengthening the state Trust Funds, promoting awareness of the importance of strengthening families, and collaborating with other national child abuse prevention organizations. Members of the National Alliance are catalysts for the development of community-based child abuse and neglect prevention programs in their states. They are also incubators for innovative prevention programs and services. The state Trust Funds are able to look at what has worked nationally, review national research, and use these ideas to build and strengthen their own programs.

2006 Grant Review Panels

Panel members are volunteers who review and rate grant applications from their geographic region of the state, and then make recommendation for funding to the board.

North

James Herrmann — Sagle, *Board Member,* Panel Chair

Sheila Farmin-Aumick — Sagle

Agnes L. Weaskus — Lapwai

Beth Davis — Post Falls

Brenda Hammond — Sandpoint

Scott Everett – Lewiston

West

Robin Sanchez — Nampa, *Board Member,* Panel Chair

Al Sanchez — Nampa

 $Rebecca\ Lovelace-Nampa$

Dolores Larsen - Weiser

Brenda Cameron — Caldwell

Ada

R. Monte MacConnell — Boise, Board Member, Panel Chair Mickey Harmer – Boise, *Board Member* Diane Stetcher – Boise

 ${\sf Kristina}\ {\sf Rice-Boise}$

Lori Fascilla — Boise

Central

Mary Marshall – Twin Falls, *Board Member, Panel Chair*

Kiki Tidwell – Ketchum

Carlos Roundy – Rupert

Colleen Crozier – Jerome

East

Lynn Miner — Pocatello, *Board Member,* Panel Chair

Janet Goodliffe – Rexburg, *Board Member*

Susan Fenger — Driggs

Tom Putnam – Blackfoot

Betty McQuain — Pocatello



Mini Grant Outcome Accountability

The Idaho Children's Trust Fund defines Outcome Accountability as "identifying the positive changes that are expected for participants in programs, measuring the extent to which these changes did or did not occur, reporting this information to funders and other key constituencies, and using the results of the process to improve services." This evaluation component was implemented to ensure that programs funded by the Children's Trust Fund are setting and measuring appropriate outcomes for the families they serve. All of our funded programs show significant improvements in participants obtaining the outcomes of the project. Some of the outcomes reported by 2005 – 2006 grantee programs include:

- St. Luke's Wood River Center for Community Health: Familias Saludables (Healthy Families) in the Wood River Valley offered parenting classes to Spanish speaking families. 100% of participants stated they learned how to use logical and natural consequences and to manage conflicts in appropriate ways. 100% of the parents stated they know more about how to be better parents and 94% of participants reported having a greater sense of support in the community to be a good parent.
- St. Michael's Cathedral: BabySteps Prenatal & Parenting Program in Boise offered training to provide important skills and interventions to address maternal mental health and mother/infant attachment, two important predictors of child abuse. Evaluations done 3 months after the training show that 92% of participants increased their knowledge, 75% were provided with new tools and 83% developed new skills.
- Family Safety Network: Baby & Me in Driggs offered parenting classes to inexperienced mothers who are young and/or Latina. Baby & Me met all of the outlined project goals 80% of participants learned ways to protect their children from child abuse and neglect; 100% learned tools for providing loving & age appropriate discipline, 80% reported spending more time in engaging behavior with their babies and 100% strongly agree that their support network has increased.
- Pocatello/Chubbuck Head Start: Systems & Tools for Working with Children and Blended Families, a conference for professionals, held in Pocatello increased knowledge and understanding of the needs of blended families. Three months after the training 81% of participants reported that they used the information they learned in working with families and 100% learned a strategy that they have been able to implement in working with blended families.

Multi-Year Grants: Cycle One (2005 – 2008)

Report on Year One (2005 – 2006)

Multi Year Grantees receive funding for three years and the first cycle of grantees have completed their first year of funding. All six of the programs are actively involved in creating and writing their Sustainability Plans. These programs receive intensive technical assistance from ICTF staff to develop and implement a Sustainability Plan that will ensure the continuation of their services after their Trust Fund grant is completed. Each of the programs has an active group of internal and external stakeholders working to maximize existing resources and obtain new resources and connections to reach financial sustainability for their services.

Multi Year Grants also report on outcomes they have set for their program participants. Some examples are:

- Shepherd's Home, Inc. in McCall offers respite care for high need families to prevent the occurrence of child abuse; and parenting classes to strengthen parent or caregiver skills. 100% of respite care clients stated that the respite care reduced the chance that they might hurt their child, and that they can identify 2 other community resources to help them. 93% of parents in parenting classes reported learning valuable new communication skills; 94% reported feeling supported as parents and 93% reported learning new positive discipline skills.
- Panhandle Health District High Risk Infant Toddler Program in northern Idaho
 provides home visits by trained public health nurses to high risk families or
 families with a medically fragile infant or toddler. Parents receiving voluntary
 home visits report a 28% increase in their knowledge of positive parenting; a
 33% increased in their knowledge of the states, cues and behaviors of their
 infants and a 38% increased in their knowledge of community resources.

- Help, Inc.'s El Valor de los Padres (The Value of Parents) in Idaho Falls offers
 parenting classes to Spanish speaking families and English as a second
 language classes with parenting education as the subject matter. Parents
 reported a 1.6 point increase in their ability to respond effectively when child
 is upset, a 2 point increase in setting appropriate limits for children, and a
 1.8 point increase in knowledge of typical behavior for the age of their child.
- Palouse Industries' High Risk Parenting Education program in Latah County
 offers home visits and community outings with a trained home visitor to high
 risk families with children through age 13. 90% of participants reported
 increased knowledge of child development & had more realistic expectations
 of behavior; 90% reported an increase in their use of non-punitive discipline
 and 100% reported an increase in their positive regard for their child and
 their relationship.
- Families Together for People with Disabilities' Native American Parent Education Program in Moscow offers parenting education for Nez Perce Tribal families with a child with a disability and/or a severe behavior disorder. This training utilizes traditional tribal stories to teach parenting skills. This new curriculum is being developed and piloted. 70% of the participants found the training to be useful and 100% said they would use this information to raise their child.
- Open Arms Baby Boutique in Nampa is an incentive based program for low income families, women and children. 639 adults were served through the Boutique this year. 100% of those surveyed reported that the incentive items they received from the Boutique encouraged them to make healthy choices and to seek regular medical care both during and after their pregnancy, 90% felt the Boutique helped them to be a better parent and 71% learned better ways to discipline their children.



2006 Board Award for Child Abuse Prevention

BabySteps Prenatal & Parenting Education Program through St. Michael's Cathedral in Boise received \$5,000 and the distinction of being the first ever "Board Award" winner! Board Chair Monte MacConnell said that "BabySteps is the epitome of a successful community-based child abuse prevention program, and we are thrilled to support their program with a \$5,000 check."

The "Board Award" is an annual award created by the members of the Idaho Children's Trust Fund Board to recognize and reward a particular child abuse prevention effort in Idaho that is creative, innovative and impacts the community in a positive way by preventing the abuse and neglect of children. According to the "Board Award" guidelines, the efforts to prevent child abuse and neglect undertaken by the applicant should be innovative, creative, collaborative, able to be replicated, have a positive impact on the community, receive community support, and occur in Idaho.

According to the application submitted by BabySteps founder Diane Demarest, "BabySteps Prenatal & Parenting Education Program began at St. Michael's Cathedral in February 2003. Now beginning its fourth year of operation, BabySteps has welcomed over 400 limited-income women, along with their families into a program of education and support to promote healthier pregnancies, babies and families by increasing knowledge, empathy and support. We believe that gains in each of these areas helps participants develop positive parenting practices to promote optimal child development and prevent child abuse and neglect.

Even though BabySteps engages parents for just the first year or so of a child's life, it may have a lasting impact. Parents who develop skills to support their child's early development are more likely to stay engaged and support their child's continued learning. The outcome for each child lies in greater possibilities and realized potential — when abuse is prevented each child has the possibility to develop more fully. When children are cared for by adults who nurture them and do not abuse or neglect them, they are more likely to become adults who nurture children."

Any agency, organization or individual engaged in efforts to prevent child abuse and neglect in Idaho is eligible to apply. This includes, but is not limited to: non-profits, government agencies, schools, hospitals, foster parents, faith communities, child care centers, coalitions, private counseling centers, homeless shelters, and service clubs.

Stewards of Children: Adults Protecting Children from Sexual Abuse

Over 700 people from throughout Idaho attended Stewards of Children workshops in fiscal year 2005-2006 sponsored by the Idaho Children's Trust Fund. The Stewards of Children curriculum teaches adults how to prevent, recognize, and react responsibly to child sexual abuse.

ICTF provided scholarships to six individuals who were trained as Stewards of Children facilitators in April 2005, and since that time, they have offered the training in a variety of settings. Workshops were held in Rexburg, McCall, Boise, Caldwell, Sun Valley, Pocatello, Preston, Blackfoot, Garden Valley and Nampa to audiences as diverse as school bus drivers, preschool teachers, PTO's, soccer coaches, staff from United Way funded agencies, conference attendees and the general public.

Educating adults to prevent sexual abuse against children is a high priority for the ICTF, and the Stewards of Children program offers information and materials suitable for all adults that is understandable and easy to implement.

2006 Strengthening Families to Prevent Child Abuse and Neglect Conference

Over 200 attendees converged on the Doubletree Riverside Hotel in Boise to learn ways to support families, nurture children, recognize child molesters, work with meth addicted parents, shift patterns of attachment and encourage father's involvement in their children's lives. Dr. Stephen Bavolek, the creator of the Nurturing Parenting® curriculums for educating parents presented the first keynote. "I appreciated the humorous down to earth presentation. I was awake, educated, and challenged to implement things I learned," read one evaluation from Dr. Bavolek's presentation.

The second keynote was presented by Cory Jewell Jensen, a sex offender treatment specialist from the Center for Behavioral Intervention. The workshop, titled "Child Safety: Advice from Child Molesters" used information Cory has gathered in her 27 years of treating sex offenders to educate adults on recognizing offender behavior in order to keep kids safe. According to one evaluation, the presentation was, "organized, had good data, and provided great information for both personal and professional use."

Our 7th annual conference met participant expectations as determined by attendee's comments:

- I learned something at all sessions; I always bring insights and knowledge back to my agency, friends, and family.
- The energy level was great! Everyone seemed eager to learn and be part of the conference.
- Excellent information and presentations. All the workshops I attended were great, informative, and had information that I needed in my position.
- There were a lot of excellent sessions and the speakers were of top quality. This conference is a very good value for the cost.
- It was all great; a well organized, fun, and informative conference.



2006 – 2007 Child Abuse and Neglect Prevention Grants

The Idaho Children's Trust Fund awarded over \$137,000 to community-based programs for fiscal year 2006 – 2007. Grant funding comes from the voluntary state income tax donation program, individual and business contributions and a federal *Community Based Child Abuse Prevention (CBCAP)* grant.

Multi-Year Grantees received a total of \$87,000 for year two of their three year grant.

Mini Grants (General child abuse prevention grants awarded for a 12-month period for a maximum amount of \$2,500) totaling over \$50,000 were awarded to the following programs:

5 County Juvenile Detention & Rehabilitation Center, St. Anthony \$2,294

Real Life Baby Parenting Course

Funding will provide improvements for current Real Life Baby Skills classes that help to teach parenting skills using hand-on experience with computerized dolls.

BabySteps at St. Michael's Episcopal Cathedral, Boise \$2,500

Community Collaboration Building &

Volunteer Training

Funding will be used to develop and distribute two newsletters for BabySteps volunteers as well as to sponsor workshops for advisory/community partners, and a volunteer training and recognition event.

Family Advocate Program, Inc., Boise \$2,500

Parenting with Love & Logic

FAP will offer a new session of Parenting with Love & Logic parent education classes every 8 weeks.

Family Safety Network, Driggs \$2,500

<u>Decreasing Child Sexual Abuse through</u> Prevention Education

Staff will be trained as Stewards of Children facilitators, and then offer education on preventing child sexual abuse community wide.

Family Services Alliance of Southeast Idaho, Pocatello \$2,500

<u>Positive Parenting Classes at Pocatello Women's</u> <u>Correctional Center</u>

Positive Parenting classes will be provided for female inmates who have children who are nearing their release date.

Garden Valley School District #71, Garden Valley \$2,500

Preschool Parent Education: Nurturing

Parenting Program

The Garden Valley Preschool will incorporate the Nurturing Parenting Program for Parents into its current preschool curriculum.

Gritman Medical Center, Moscow \$2,493

WINGS — Working in Networks to Gain Strength

The WINGS project will include an agency networking event, distribution of a newly developed local resource guide, and a consultant program modeling the First Steps format. First Steps is a program for new parents that includes hospital visits, education packets, and follow-up resources.

H&W Infant Toddler Program, Nampa \$2,446

Positive Parenting Solutions

A parent education class specifically designed for the parents of at-risk children in the Region III Infant toddler Program who are concurrently involved in the Child Protection System. Class will be focused on helping these parents obtain the skills and knowledge necessary to be successfully reunited with their children.

ICARE – Children & Family Advocacy Center, Coeur d'Alene \$2,500

<u>Early Childhood Parenting Made Fun & Nurturing</u> <u>Father's Program</u>

ICARE will provide two 5-week sessions of Early Childhood Parenting Made Fun classes for parents of children age birth to six, and one 13-week session of Nurturing Fathers for dads who want to be more nurturing with their children.

Idaho's Heart Services & Education, Inc., Boise \$2,000

Circle of Parents

Funding will be used to train Circle of Parents facilitators in order to begin four new Circle of Parents Support Groups in Ada County.

Independent School District #1, Lewiston \$2,500

Becoming a Love & Logic Parent

This Parent education class helps parents learn techniques that set loving and positive boundaries while improving parent-child relationships without using anger, lectures, threats or warnings.

Kretzmann Family Consulting, Grangeville \$2.500

Online Parenting Classes

Scholarships provided for low-income parents for live parenting classes offered on-line.

Lemhi's Promise and The Mahoney Family Center, Salmon \$2,500

Parent Support Group for At-Risk Families

A support group for parents referred by the Parent Project will be sponsored and facilitated. Parents will be active leaders in determining topics and directions.

Northern Rocky Mountain Easter Seals Society, Inc., Nampa \$2,332

<u>Love & Logic and Nurturing Fathers Parenting</u> Programs

Will provide Love & Logic Parenting Classes and Nurturing Fathers Parenting Program, open to all parents in Canyon County.

Palouse Industries — Young Children & Families Program, Moscow \$2,500

Circle of Parents Support Group

Circle of Parents is a mutual self-help facilitated group for parents who meet to discuss parenting challenges and positive strategies for handling them. A children's program is offered concurrently and gas vouchers are provided to facilitate participation for parents from rural areas.

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St. Luke's Center for Community Health, Hailey \$2,460

Familias Saludables/Healthy Families
Familias Saludables offers free Spanish
language parenting classes three times a
year that include child care, as well as
resources for the Spanish speaking
community.

Valley Crisis Center and Nampa Family Justice Center, Nampa \$4,995

Safe Parents, Safe Children

The Nampa Family Justice Center and Valley Crisis Center will collaborate to provide a parenting program specifically for survivors of domestic violence.

ICTF Financial Report

The Department of Health and Welfare, under the direction of the Idaho Children's Trust Fund Board, is responsible for the management and accounting of funds in the Trust account. The following is a summary of the financial activities of the Trust Fund account in SFY 2006 (July 1, 2005 – June 30, 2006). By state statute, up to half of the funds generated by income tax return donations, along with 75% of the amount generated by other sources, may be expended for grants. Half of the funds generated by the income tax donations, and 25% of other income must be deposited into the Children's Trust Fund Endowment Account in order to generate interest earnings to be used for future grants.

\$39,909
\$19,458
\$88,498
\$59,551
\$12,839
\$180,346
\$220,255
\$127,199
\$52,872
\$3,152
\$16,180
\$199,403
\$20,852
\$1,109,542
\$20,852
\$1,130,394

2005-2006 Contributors

Your gift to the Idaho Children's Trust Fund is an investment in the future of our state. We appreciate your help as we work to support families and keep Idaho's children safe from abuse and neglect.

Albertson's Boise

Open

Katherine Armstrong

A.J. & Susie Balukoff

Craig & Carolyn Beaver

Blake Bolt

David Butler

Pete & Freda Cenarrusa

Andrew & Laurel Chasen

John & Marjory Fluegel

Douglas & Brenda Fuchs

Eugenie Gardner,

in memory of Vicky Koster

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Kiki Tidwell

Ed & Catherine Van Dusen

Bill & Linda Von Tagen

Gayle Way

Virginia & WL Woolley

Grants Received

Larry Barnes Foundation

National Alliance of Children's Trust and Prevention Funds

Regence BlueShield of Idaho

Target

Weyerhaeuser Company

Foundation



We would like to thank the thousands of Idahoans who generously donated \$88,500 through their Idaho State Income Tax forms. We are not able to learn your names, but your support is most valuable in preventing child abuse in our state.



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